



STEPS FOR CRUSHING YOUR OWN

# CLOSET EDIT

Styled by Carson Love

# Keep The Goal in Mind

GETTING DRESSED IS SOMETHING THAT WE ALL DO EVERYDAY, YET IT'S OFTEN JUST ANOTHER TIME WE BEAT UP ON OURSELVES.

The goal of a closet edit is to not only clear out any emotional or visual clutter, but to also recognize that getting ready is an opportunity to feel joy & empowerment versus frustration.



# Break It Down

I LIKE TO KEEP THIS PROCESS TO 3  
GENERAL STEPS



## STEP 1

A Little Prep  
(Don't forget to grab a  
coffee...or cocktail.)

## STEP 2

The Big Pull  
(Time to get honest.)

## STEP 3

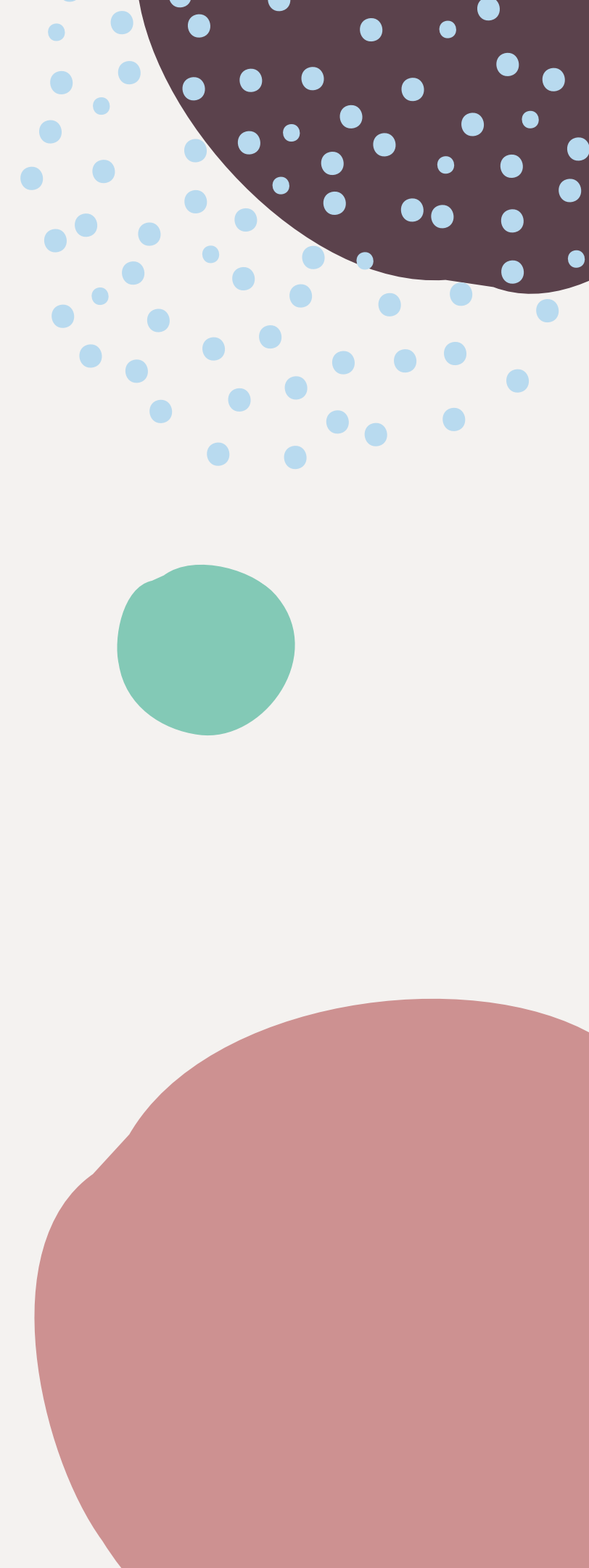
Organize & Merchandise  
(Make the space feel  
more like you.)

# 1. Do a Little Prep Work

Setting yourself up for success can be half the battle! Thinking about these things before you begin can eliminate distraction & keep you focused on the goal at hand. :

- a. Determine the resalers or charities that the old clothes will be going to. Visualizing where the clothes are going can make it much easier to let them go!
- b. Get your 3 "landing pads" ready. These could be trash bags, bins, tubs, or boxes. Designate one for Trash, one for Donate, & one for Resale.

You may also end up with a 4th pile of items that need to go to the tailor.





c. Make sure everything is in one space. It can be really common (especially in older homes with smaller closets) to sometimes have things spread out into different closets, or maybe just hanging in the laundry room. I often use a rolling rack or bed to help give myself more room. This may sound like a no-brainer, but having to run around the house mid-purge can be a huge distraction!

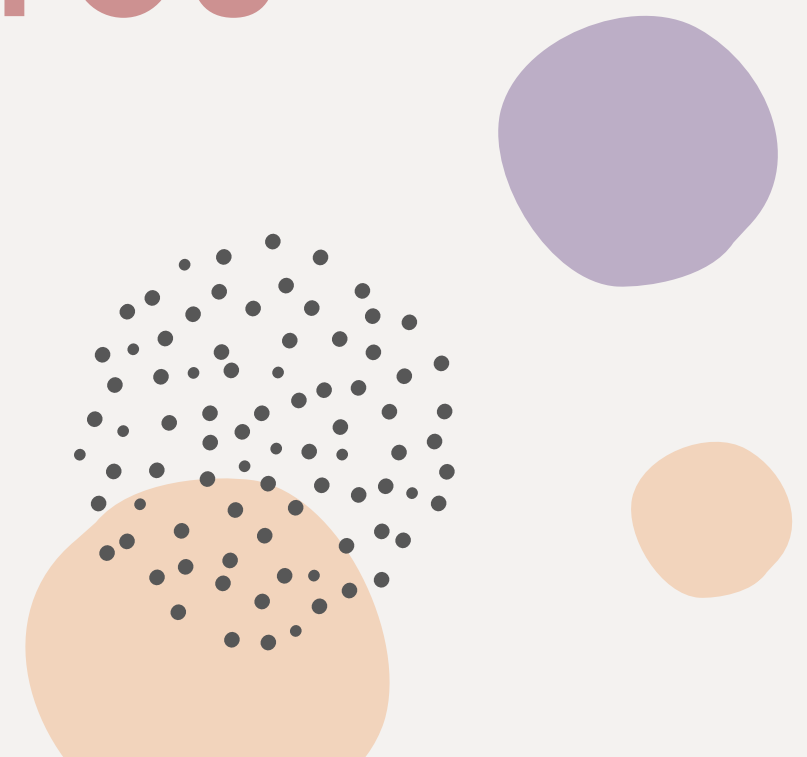
d. Grab a pen & paper (or you can use the "notes" app on your phone, but I find the phone too distracting!) It's important to take down notes of any holes that need to be filled, or items that need to be replaced as you go through your wardrobe.





THINK ABOUT THIS

**SMART & SAVVY SHOPPING IS THE  
BEST WAY TO AVOID CLOSET  
CLUTTER IN THE FIRST PLACE.  
ALWAYS HAVING A SHOPPING LIST  
IN MIND WILL ALLOW YOU TO BE  
MINDFUL & INTENTIONAL WHEN YOU  
DO SHOP.**







## 2. Time to Pull!

Once you're all prepped & ready, it's time to start pulling items out & putting them on the landing pads. I'll give my specific guidelines, but the overarching rule of thumb that's really important to remember: only keep something if you Love it, Need it, or Use it. Be really honest with yourself! Our goal is to make it a careful curation, not a cluttered collection.

- LOVE IT
- NEED IT
- USE IT

# My guidelines to determine what needs to go to a landing pad:

- IT'S STAINED, PILLED, TORN, DAMAGED, OR OVERALL "TIRED"
- IT'S DATED OR JUST DOESN'T FIT YOUR TASTE ANYMORE
- YOU'RE NOT WITHIN TEN POUNDS OF IT
- YOU HAVEN'T WORN IT IN TWO YEARS
- IT'S ATTACHED TO A BAD MEMORY OR EVOKES A NEGATIVE FEELING





## PULLING PROCESS TIPS:

- Make quick work of this. I know Marie Kondo likes to sit there & hug each item, which is lovely, but I think getting a steady rhythm will help you not second guess yourself & be more efficient!
- Once you have everything divided into the landing pads, don't let them sit there for too long. Go ahead & get them to their final destination. If they need to wait for a while, put them in another room so you disassociate them with your closet.
- Remember making these choices is not about having less stuff, it's about wanting everything you have!





# 3. Merchandise Your Closet

- a. Progress over perfection when it comes to organizing. Sort by category, then color & then sleeve lengths.
- b. Hang everything you can. If you can't see it, you won't wear it.
- c. Yes, felt hangers really do make a difference.
- d. The ultimate goal is to make your closet feel like your own boutique. After you have it all organized, try bringing in a lovely candle, a pretty rug, hanging some pictures, or even just displaying your jewelry in a fun way. Shop around your own home & see what you can bring into your closet to make it feel more like a room you want to spend time in.



## ARE THESE STEPS NOT YOUR STYLE?

Try this instead: Challenge yourself to swap every garment in your closet to a felt hanger. If you don't love something enough to put it on a new hanger, get rid of it!

## DID YOU END UP WITH A BIG "MAYBE" PILE?

if you're really on the fence about something, store it away in another room. If you don't miss it in a couple months, it's time to say goodbye. Also, sometimes just moving these items to another room can help you break your connection to it.



# I'd love to hear from you!

HOW DID YOUR CLOSET EDIT GO? HAVE ANY QUESTIONS?

DROP ME A DM

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